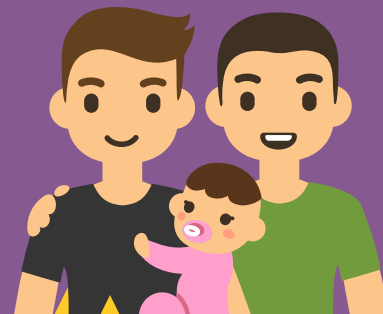


AT HOME RESOURCES



Charades

Purpose: This low-key activity promotes creativity and encourages fun!

Space: Room with chair and space to move around (such as a living or family room)

Instructions:

1. Charades can be played in teams or individually.
2. The words below can be written on pieces of paper and folded.
3. One at a time, each person is given a word or phrase to act out without speaking and the others have to guess the word or phrase.
4. Time limit can be determined based on the age/group. (i.e. 1.5 minutes)
5. Words/phrases can be added to suit the age and interests of the group.

Equipment:

- Paper and pen
- Sample word list, below . Have fun making up your own word list, too!

Some words and phrases to get you started:

Eating a lemon
Flying a kite
Building a snowman
Reading a book
Washing your face
Doing jumping jacks
Blowing up a balloon
Baking cookies
Cheerleader
Doing the backstroke
Frog in your throat
Lifting weights
Skipping rope
Feeding the ducks

Hiking the trail
Riding a bike
Cat in the Hat
Eating with Chopsticks
Humpty Dumpty
Mowing the lawn
Climbing a mountain
Grating cheese
Washing the car
Washing your hair
Kneading dough
Frozen
Playing the piano
The Wiggles

Milking a cow
Hopscotch
Green Eggs and Ham
Playing tennis
Remote control
Riding the bus
The Hokey Pokey
Dump Truck
Wedding
Toothbrush
Ice Cream Cone
Painting
Teddy Bear
Tickle



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